First Aid Kit - Horses

- Information
  - Veterinarian’s name and phone number
  - Cell phone handy
  - Directions to your location/address
  - Horse information/medical history (vaccines, dewormers)

- Physical exam/parameters
  - Stethoscope
    - Heart rate normal-at rest: 30-45 beats per minute
    - Respiration rate normal-at rest: 8-16 breathes per minute
    - Intestinal sounds: should be present
  - Rectal thermometer
    - Temperature: 99.5 – 101.5° F
  - Other vitals
    - Mucus membranes (gums): pink and moist
    - Capillary refill time (push gums): less than 2 sec. turn back pink

- Bandage material (properly applied!)
  - Gauze sponges, Brown gauze wrap
  - Telfa/non-stick pads
  - Roll cotton/diapers
  - Leg wraps
    - Self adhesive (vet wrap)
    - polo leg wraps
  - Water soluble antibiotic ointments (Furacin, SSD, or Triple antibiotic etc…)
  - Magna Paste (poultice for swelling-don’t apply on open wound/abrasion)
  - Adhesive tape (zonas, Duct tape, Elasticon)
  - Bandage scissors
  - Exam gloves
  - Clippers and sterile wound lube

- Scrub material
  - Betadine or Chlorhexadine Scrub and Solution
  - Scrub bucket/clean trash bag (as liner): for clean water initial scrub
  - Roll cotton (in bandage material) for scrubbing
  - Bottle sterile saline (rinse wound area): for final water to clean
    - 35 cc syringe (aid in flushing area clean)

- Other equipment
  - Flashlight
  - Sharp knife/wire cutters/pliers
  - Hemostats

- Medications as directed by your veterinarian
  - Banamine paste
  - Bute paste