

**VETERINARY HEALTH CENTER at KANSAS STATE UNIVERSITY  
OFFICIAL PROTOCOL**

**FOOT AND MOUTH DISEASE PREVENTION FOR VISITORS TRAVELING TO THE UNITED STATES FROM  
FMD INFECTED REGIONS OF THE WORLD**

- I. Foot and Mouth disease (FMD) is not considered a human health risk but humans can carry the virus on their clothing, shoes, body (particularly the throat and nasal passages) and personal items. The disease is extremely contagious and spreads easily among cloven-hoofed animals such as cattle, sheep, pigs, goats and deer. Introduction of FMD into this country would be disastrous to the American livestock industry and wildlife community.
- II. Travelers to the United States from FMD-infected countries must take steps to help prevent the accidental introduction of the disease into this country. In this protocol, travelers are defined as “VHC Faculty, House Officers, Students, Staff and Visitors”. Any traveler who enters the United States from a known FMD-infected country must not be in the VHC (including pastures, parking lots or vehicles) for five (5) days after entering the United States. If you are planning a trip to a known FMD-infected country, please contact the Hospital Director’s Office prior to departure to discuss this protocol and your return plans. A list of FMD-free countries may be found at <http://www.oie.int/en/animal-health-in-the-world/official-disease-status/fmd/list-of-fmd-free-members/> (Accessed 2/19/13). If a country is not on this list, it is considered FMD infected.
- III. The following preventive measures should be taken by travelers to the United States from FMD-infected countries (taken from [http://travel.state.gov/travel/tips/health/health\\_1182.html](http://travel.state.gov/travel/tips/health/health_1182.html)):
  - A. Avoid farms, sale barns, stockyards, animal laboratories, packing houses, zoos, fairs or other animal facilities for 5 days prior to travel to the United States.
  - B. Before travel to the United States, travelers must launder or dry clean all clothing and outerwear. All dirt and soil should be removed from shoes by thorough cleaning prior to wiping with cloth dampened with a bleach solution. (5 teaspoons of household bleach in 1 gallon of water). Luggage and personal items (including watches, cameras, laptops, CD players and cell phones) should be wiped with a cloth dampened with bleach solution, if soiled.
  - C. Travelers must avoid contact with livestock or wildlife for 5 days after arrival in the United States. Extra precautionary measures should be taken by people traveling from farms in infected locales to visit or work on farms in the United States. Clean clothing should be worn after the visitor showers and shampoos thoroughly. Visitor’s traveling clothes should be laundered or dry cleaned immediately. Off-site activities should be scheduled for the visitor’s first 5 days in-country and contact with livestock or wildlife should be strictly avoided.
  - D. Travelers must agree to be physically present in the United State five days prior to their arrival at the Kansas State University Veterinary Health Center.

**CATEGORY** Administration, Clinical Sections, Department of Clinical Sciences, House Officers, Staff and Students

**APPROVED** 2/19/13, VHC Administrator