

Small Animal Clinical Nutrition Continuing Education Course

December 10, 2022

BI Auditorium

Kansas State University College of Veterinary Medicine

Proposed 4 RACE Approved Hours

This single-day continuing education event for veterinarians provides topics related to small animal nutrition, including obesity, communication, coaching owners through selecting a pet food, and communication skills for veterinarians to use with their patients and clients. Sessions will be presented in person and via distance learning by veterinarians, including board-certified internal medicine and nutrition specialists.

8:30 AM **Check In-Registration**

9:00 AM **Tours of the Veterinary Health Center and College of Veterinary Medicine (optional)**

10:00 AM **Welcome**

Dr. Beth Davis, Associate Dean of Clinical Programs, Department Head, and Professor
Dr. Shirin Modaresi, Hill's Pet Nutrition

10:10 AM **Don't Shun the Emo "shun" in the Veterinary Visit. How and Why We Address the Stress in our Patients (*PROPOSED 1 HOUR RACE Continuing Education - Medical*)**

In this lecture, we will go beyond the signs demonstrated by fearful canine and feline patients receiving veterinary care and discuss how we consider their mental health while in our care. Many changes have been made in recent years in how we provide service to our patients and clients at the Veterinary Health Center small animal primary care service, and these will be discussed in detail. The session will cover how we consider the patient's mental health at the forefront of our decision making and examples will be given to support these decisions. Important concepts will include why the change in patient handling and care has been needed in veterinary medicine to benefit the patient, the client, and the caregivers. We will cover real-world examples of the involvement of the veterinarian and associated staff in managing the emotional health of patients and how to align with our clients to make mutually beneficial decisions. Recent literature on stress associated with the veterinary visit and specific recommendations on employing change within a small animal practice will be discussed.

Presented by:

Neala Boyer, DVM, DABVP (Canine and Feline Practice), FearFree™ Elite certified practitioner

11:00 AM **Ch-ch-changes: Turn and Face the Strain
(*PROPOSED 1 HOUR RACE Continuing Education - Medical*)**

Change is hard whether you are a practice owner, first year associate, client, or a family member. Navigating change brings the potential for conflict, disappointment, and/or avoidance. Change is uncomfortable.

Presented by:

MacArthur Hafen Jr., LCMFT, PhD, Clinical Associate Professor, Director of Counseling Services

Adryanna Drake, PhD, LCMFT, Clinical Assistant Professor, Counselor

12:00 PM

LUNCH

1:00 PM

Keep Calm and Feed On: Putting the Joy Back in Nutrition Conversations
(PROPOSED 1 HOUR RACE Continuing Education – Medical)

This lecture will provide an overview of nutritional recommendations for healthy pets, emphasizing life-stage nutrition. A brief review of alternative feeding strategies will also be included. Tips for communicating about nutrition with pet parents, as well as resources for a successful conversation, will also be included.

Presented by:

Catherine Ruggiero, MS, DVM, DACVIM (Nutrition)

2:00 PM

How a Healthy Weight Improves the Well-Being and Longevity of Our Pets as Well as the Emotional Impact on Their Owners
(PROPOSED 1 HOUR RACE Continuing Education - Medical)

Nutrition is a key component of our pets' healthy aging, with obesity being the number one nutritional problem we see in our patients. We know that pets who maintain a lean body condition are more likely to experience a better quality of life as well as have increased longevity when compared to their obese counterparts. Appropriate feeding throughout all life stages can help prevent diet-associated diseases, especially those related to excessive weight. Balanced feeding of our pets not only helps to prevent or minimize the development of several health issues but is also a key aspect of successful patient recovery and management of existing diseases. There is also a positive emotional impact on the owners when they see the results of a successful weight loss program for their pets. These successes have the added benefit of positively impacting the veterinary staff.

Presented by:

Susan Nelson, DVM, Clinical Professor/Pet Health Center at Kansas State University

Paulina Macias, DVM, Hill's Pet Nutrition Intern at Kansas State University College of Veterinary Medicine

3:00 PM

Q and A from Presenters **(NO RACE CE REQUESTED)**