# **VETERINARY MEDICAL LIBRARY NEWSLETTER**

#### 785.532.6006

#### VETLIB@VET.K-STATE.EDU

M-F: 8AM - 5PM

#### WORLD MENTAL HEALTH DAY

The demanding journey of veterinary studies can take a toll on mental health. That's why, on October 10th, we are recognizing World Mental Health Day.

We have several resources within our library that highlight the importance of focusing on your well-being during your studies, clinics, or future professional endeavors, as well as compassion fatigue:

- Veterinary leadership through fresh eyes: A social worker's approach to veterinary management
- Victory unleashed: A veterinarian's tale of thriving in a profession marked with depression
- Good grief: On loving pets, here and hereafter
- What it takes to save a life: A veterinarian's quest for healing and hope
- Compassion fatigue in the animal care community
- When helping hurts: Compassion fatigue in the veterinary profession
- Mental wellbeing and positive psychology (available at the end of 2023-early 2024)
- The unspoken life
- ...and more

We will have these items on display within the library – you're welcome to come and browse, check out, or scan from them!

### NEED A BREAK? WE HAVE YOU COVERED!

Looking to take a short study break? The library offers many different activities to give your mind a bit of a rest. Enjoy coloring with supplies donated by SAVMA; or, enjoy a DumDum (or many)! There are also puzzles to check out or use within the library at the puzzle station. Have another suggestion for activities or supplies? Email us at: **vetlibevet.k-state.edu**!

## WE BET YOU DIDN'T KNOW!

The Veterinary Medical Library houses almost **200** DVDs! Our DVD collection consists of human-animal bond subject matters. You can find *King Kong, The Little Mermaid, Zootopia,* and much more on our shelves. All items can be checked out just like our print collections!



### LIBRARY FAST FACTS

- The global paper books market will have 1.87 billion readers by 2027; whereas, e-readers will only reach 1.2 billion.
- **68% of young readers (18-29)** prefer print materials over e-books.
- **81%** of college students say they prefer paper books and resources over electronic while **62%** of adults prefer print over e-resources.
- The Vet Med Library has over 40,000 print materials inhouse and access to over 3 million print materials in our offsite storage location, other branch libraries, and Hale.
- Through Interlibrary Loan, we can request **almost any print item** available at **any university in the U.S.**
- We're not just study spaces! Our librarians can help you access **almost any piece of information** available even hard-to-find and obscure resources.
- Did you know? Most librarians have specialty backgrounds and Master's degrees in other fields of study – making them your go-to for all sorts of information!

Citations: AAP, PEW Reserach Center, Statista, NPD Group

We are so thrilled to launch our library newsletter. This is something that has been in the works for quite some time now. To see it implemented excites us for the future.

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We constantly strive to go above and beyond for our patronage – curating new collections, updating existing ones, renovating spaces to better suit the needs of our patrons, and providing the best quality of service we can. Here, we will continue to update our patrons on library happenings, library information, and creative endeavors.

Thank you to all of you who utilize our resources, contact us with your questions, and bring in smiling faces!

Andi Parrish, MLS, MA – Library Director

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- ...and so much more

Contact Susie Larson at **larsonevet.k**-**state.edu** for more information!

#### LIBRARY HAPPENINGS

Ever wonder what we're up to? Our librarians are busy! Here's what we're currently working on:

- We are currently looking for ways in which to add CatCash/Papercut capabilities to the Vet Med Library and the college.
- We've added a brand new children's collection to our library. As such, we are gearing up to shift our stacks to accommodate for these new items.
- We are lifelong learners! Our librarians are currently training in AI (such as ChatGPT) to stay up-to-date and informed as the tools progress.
- We recently updated our DVD collection to include more recent titles! Come check them out!
- Using the Sunderland Foundation at Hale Library, we are hoping to record several online webinars for the library.

Have a suggestion, comment, or concern? Let us know!